

## CIVIL ENGINEERING CONTRACTORS ASSOCIATION

## HEALTH, SAFETY & WELLBEING GROUP

## NOTES OF MEETING

held at CIHT, London on Wednesday 7<sup>th</sup> June 2023 and via MS Teams

In Attendance	On-Line
CECA Members;	CECA Members;
Richard Hemingway (RH) - Vice Chair	Robert Bradford (RB) - BAM - Chair
Andy Dodman (AD) - Barhale	Steve Cole (SC) - Somerset Safety
Shane Fay - podtrack	Graham Skinner (GS) - Glendinning
David Lowes (DL) - Kier	John Spencer (JS) - MCann
Lawrence Webb (LW) - Costain	
	Additional Attendees;
CECA Representative	Eric Ball (EB) - Parkhealth/CDP
Peter Crosland - CECA National	
Alasdair Reisner - CECA National	CECA Representative;
	David Allen (DA) - CECA Southern
Apologies;	Peter Crosland (PC) - CECA National
Lara Bristo, Diane Bourne, Phil	Maureen Douglas (MD) - CECA Scotland
Cullen, Ed Evans, Maureen Douglas,	
Andy Fraser, Marie-Claude Hemming,	
Liz Hunter, Paul Hutchinson, Stuart Miller, Andrew Rippington, Paul	
Santer, Craig Streak, Paul Turner	

	NOTES	
ITEM	DESCRIPTION	RESP
1	Welcome, Introductions & Apologies	ALL
2	Agreement of Previous Notes & Actions Arising	
	i) Agree Notes of last meeting - 1 <sup>st</sup> December 2023 - Taken as Read.	
	ii) Actions Arising - including from 1 <sup>st</sup> December.	
	<ul> <li>Item 2/2.ii/2.3.i - Alastair Mitchell's details added</li> <li>Done</li> </ul>	
	<ul> <li>Item 2/3.ii - Link with Nat Challacombe / Lawrence Webb and IOSH. PC to follow up.</li> </ul>	

	POST MEETING NOTE - PC/RB/RH met with LW and NC on 20 <sup>th</sup> June. Good discussion on how CECA & IOSH can work together. MoU to be developed and signposting around initiatives to be carried out.	CECA/ IOSH
	<ul> <li>Item 2/7- Diabetes Safety Organisation. Take up has been slow - all (members) to consider taking up the offer.</li> </ul>	
	• Item 2/11 - Fatigue. See Item 5.iii	
	• Item 3.ii) - CECA HS&W/EMB position around communication. Potential for HS&W weekly / monthly Briefing? DA to feedback following EMB AR reported that it had been agreed at EMB that this would be a good way to communicate. Qtrly reviews including snapshot videos are to be put together. First publication to be mid-September.	CECA
	<ul> <li>Item 5i - CPCS Cards RH to work with IOSH. JS to send requirements through to RH for consideration.</li> </ul>	RH/JS
	<ul> <li>Item 5ii - Respiratory - CDP/CECA/HCLG Meeting. EB advised that there had been a slight change within CDP and that BoHS now onboard and taking the lead. A meeting is due to be held at the end of June - EB to report back. RB also to register an intent with CDP.</li> </ul>	EB RB
	• Item 6.i) HAVS. See Item 3b	
	KEY ACTION - CECA & IOSH to formalise working arrangements	CECA/ IOSH
	KEY ACTION - CECA to develop a Quarterly HS&W Report with videos	CECA/ EMB
3a	Presentation on Fatigue - Eric Ball, Parkhealth	
	Key points to Eric's presentation included;-	
	<ul> <li>Fatigue is potentially a Cat 2 Carcinogen as it can lead to a number of complications.</li> </ul>	
	<ul> <li>Shift working is seen as a key contributor to fatigue, but if not shift working fatigue can still be a risk.</li> </ul>	
	<ul> <li>Commuting habits need to be assessed in order to fully understand how fatigue affects individuals.</li> </ul>	
	<ul> <li>Crossrail research suggested that night shift workers who undertook cognitive behaviour tests showed similar reactions to those who might have been drinking alcohol.</li> </ul>	
	<ul> <li>HS2 currently engaged in Karolinska Sleepiness Scale (KSS) looking at workers at the start, in the middle and the end of their shift.</li> <li>Tideway research in conjunction with Loughborough University shows biometric mathematical models (BMM) not always applied in the best interest of fatigue management.</li> </ul>	
	<ul> <li>Beware of time taken for individuals to re-adjust to their circadian rhythm after working shifts. Similar to jet lag.</li> </ul>	
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	<ul> <li>Discussion;-</li> <li>HS2 research should lead to better options / versions of fatigue calculators. (see attached some examples). Some existing ones are difficult to interpret.</li> <li>Difference between WTR (Working Time Regulations) and 'rest periods'.</li> <li>Data around fatigue incidents not collated by anyone therefore fatigue can't be directly attributed to any given activity. Often need to look at the 'back hours' of a worker - may suggest what led to the incident?</li> </ul>	
3b	Discussion by Chris Steel from HSE on HAVS research within the highways maintenance sector.	
	Key points noted:-	
	<ul> <li>HSE focus is on driving compliance on road repair activities</li> <li>Noted that hand-held breakers were still being used - no anti-vibration / damping mechanism in use.</li> <li>Out of 62% of ill-health RIDDORS, approx. 6% from local authorities.</li> <li>Significant back log on repairs therefore huge investment (and therefore potential activity) due to come about.</li> <li>Current practice needs to go beyond compliance.</li> <li>HSE accept that RIDDORS / incidents will increase if there is a targeted campaign, however, ultimately compliance should improve with the net result of fewer incidents.</li> </ul>	
	Discussion points included;-	
	<ul> <li>Noted that working around utilities (especially those encased in concrete) is very difficult.</li> <li>CS noted that Case Studies on good practice would be useful.</li> <li>LW involved in Eliminating Harm Showcase, therefore could be good source of case studies. LW also noted that there is a HSE Safety Accelerator Programme that could be useful to progress the initiative,</li> <li>CS keen to look at behavioural sides - new Regulator being introduced into Scotland therefore could see a new focus.</li> <li>EB noted that designing out the risk in the first place is key - examples of HS2 lifting of segments using pre-cast lifting eyes.</li> <li>RH noted the use of 'Dragon Patcher' to repair certain types of holes.</li> </ul>	
	ACTION - CS requested ALL to send in examples of machines / process that could be useful in the repairing of potholes. Send to <u>chris.steel@hse.gov.uk</u>	ALL
4	CONIAC/CONIAN/CLC/HCLG/ICE/ICG/MiM Update	
	4.i) CLC - Nothing to report.	
	4.ii) CONIAC - Nothing to report back to CONIAC	
	4.iii) HCLG - Webinar 'New Year, New Focus - Treating Health Like Safety'. 16 <sup>th</sup> March - see link- <u>HCLG Webinar</u>	

	NOTE - Ian Strudley of Balfour Beatty is also working with 3M with a view to an industry event on 4 <sup>th</sup> October, based on 'respiratory'. RH/PC/RB assisting. Event now scheduled for 4 <sup>th</sup> October. PC/RH/RB met to discuss CECA input with suggestion from RB around Permits for face masks.	RB
	4.iv) ICE - New Knowledge Networks Group - Safety Health & Wellbeing including CDM. Co-Chaired by Tony Putsman and PC.	
	PC met with ICE & Cancer Research UK to look at the next stage of engagement. PC to draft a Paper for ICE to progress around funding for further research.	PC
	4.v) CEA - Plant Emissions Scheme Covers both environmental & HS&W issues See link - <u>https://www.cesarscheme.org/ecv.php</u>	
	4.vi) Mates in Mind - PC met with MIM recently. They would like to understand from CECA members how organisations are affected by individuals who are suffering from financial stresses and what practical measures have been put in place to assist individuals. What do members need to provide help in this area? Please email PC with suggestions or examples of good practice.	ALL
	POST MEETING NOTE - PC sent out a further email requesting examples of Financial Wellbeing advice provided to members.	ALL
	4.vi Diabetes Safety Organisation W/c Monday 12 <sup>th</sup> June is Diabetes Awareness Week. DSO have produced campaign material.	
	KEY ACTION - CECA working with 3M & CONIAC TIHWG to support industry event in October.	
5	Stop Make a Change - 2023	
	PC confirmed that Cancer Research UK, Diabetes Safety Organisation and Mates in Mind are all keen to support SMAC-23.	
	AR suggested we need to focus on a particular area to get the most out of the campaign. It was suggested that 'Stored Energy' could be a useful topic given recent events. AR/RH to seek support from connected organisations before progressing any further.	PC
	Notwithstanding the potential focus of Stored Energy, PC suggested that we continue with the Conversation Starter cards as they have proved very popular.	ALL
	RH noted the link with IOSH and the No Time to Lose Campaign. LW keen to promote through IOSH and work with CECA.	
	POST MEETING NOTE - It has been agreed that 'Stored Energy' will be used to promote SMAC-23 and work will now progress to develop information around this topic. Volunteers are needed for a small working group - please email PC in the first instance if you are	ALL
	interested in developing this further.	

	KEY ACTION - Working Group to be established to develop Stored Energy - Volunteers to email PC ASAP.	ALL
6	Next Topics	
	Group to discuss what issues need to be tackled and what aspects should be taken forward for Action via Working Groups.	
	<ul><li>BSA Flex documents incl 'Competence'.</li><li>Others?</li></ul>	
	It was suggested that CECA develop a Poll to determine what topics 'keep people awake at night'. PC to progress.	PC
	KEY ACTION - PC to set up a Poll for members to advise key issues.	РС
7	AOB	
	7.i) <u>Fatigue</u> - AR queried whether it would be worth developing an APP to help determine a measure of fatigue? PC note that the Construction Line APP developed to monitor mental health might be a useful starting point. PC to	
	email Bill Hill.	PC
	7.ii) <u>HS2 Research</u> - EB noted research work ongoing (web based) to understand the wider construction industry rather than tunnelling. EB to forward contact.	EB
	7.iii) <u>CECA HS&amp;W Forum ToR</u> - RH/RB suggested that ToR could do with being reviewed along with their own positions although both confirmed that they are happy to continue in post. PC to progress as part of the next meeting.	РС
	7.iv) <u>SSIP</u> - RB noted that the SSIP membership had been renewed free of charge. RB also noted that there were reciprocal arrangements in place and that SSIP was now mutually recognised with other schemes.	
	7.v) <u>Diversity</u> - RB noted that we need a broader range of diversity of views. Desperately need youth and request AR to ask EMB/Regional Director to encourage more involvement from their membership.	AR
	7.vi) IOSH - Agreed for CECA and IOSH to meet on 29 <sup>th</sup> June.	RH/PC/ RB
10	Dates of Next Meetings - 2023	ALL
	<ul> <li>September 14<sup>th</sup>. On-line, 10.00 - 12.00</li> <li>December 5<sup>th</sup>. Face to Face, 2.00 - 4.00pm, London, including a Social after.</li> </ul>	
	CECA/HS&W/7 <sup>th</sup> June 2023	